

BARRON AREA SCHOOL DISTRICT

Five Step Head Lice Treatment Plan

1. ***Use a Head Lice Shampoo or Head Lice Cream Rinse***
Follow directions on product label. Massage the product into hair and scalp. Dry hair after treatment. The National Pediculosis Association discourages the use of Lindane (Kwell). Never use a Head Lice Shampoo on an infant, pregnant or nursing women.
2. ***Clean the Environment***
Please refer to your Head Lice Treatment Letter for household cleaning. (attachment A)
3. ***Comb out the Nits***
Comb the treated hair with a clean regular comb to remove the tangles. Then comb the hair with a Nit comb to remove Nits, preferably with a metal comb. You may need to use a magnifying glass to see the Nits. Divide hair into thin sections no wider than the Nit comb, starting at the scalp comb a section and then part that section out of the way. Continue with this process until you have completed combing through the entire head of hair. Remember Nit combing takes time. After completing Nit removal, wash the hair to remove any chemicals or oils. You may need to use dishwashing soap (ie: Dawn) followed by a clarifying shampoo (ie: Suave) for oily hair. You may need to repeat this to remove all of the chemicals or oils.
4. ***Check for Nits***
Using bright or natural light, remove any remaining Nits and place them on a tissue for proper disposal. A magnifying glass may make the step easier.
5. Repeat Shampoo treatment in 7-10 days after 1st treatment.

The Olive Oil Treatment

Applying Olive Oil to dry hair will smother and kill the louse and make Nit removal easier. ***Note: The Olive Oil kills by covering the holes through which the Lice breathe.*** If Lice aren't completely covered by oil, they may not die, but the oil will slow them down, allowing them to be caught in a Nit comb. If the Lice Shampoo or Lice Cream rinse fails to kill a but, it means that the bug is resistant and will never be killed by that chemical, no matter how many times you use it. This is not true of Olive Oil saturating the hair and scalp. Leave Olive Oil

on the hair until the next morning or for at least eight hours. Put a shower cap on the head and hold it in place with a bandanna. **The Olive Oil treatment should be repeated every four days for the next three weeks on days 1,5,9, 13, 17 and 21.**

Why Olive Oil as opposed to other oils? Olive Oil is soothing to the scalp, easy to wash out unlike Vaseline which sticks to the hair, less irritating than essential or aromatic oils and contains certain straight chain fatty acids which have been shown to be particularly useful as insecticides.